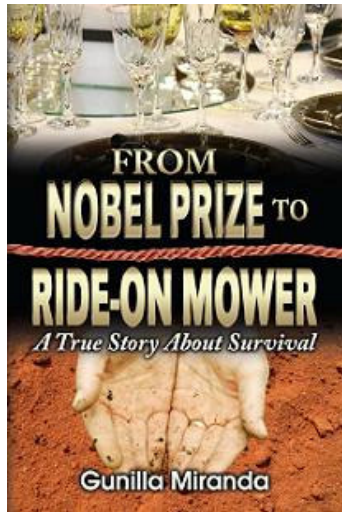




From Trauma to Triumph...Australian Author Launched Live at Frankfurt Book Fair 2009

Swedish born journalist Gunilla Miranda shares a shocking story of how she survived eight years of living in fear with a husband suffering from mental illness.



From Nobel Prize To Ride-On Mower

FOR IMMEDIATE RELEASE

Now a successful businesswoman running her own company, Gunilla gives insight and hope to others who are in a similar situation.

Cowering in the small kitchen cupboard of her new Australian home, Gunilla listened in terror to the footsteps of her approaching husband. In less than three weeks he had turned from a warm, generous and caring lover into an abusive and terrifying madman. A modern-day Dr. Jekyll and Mr. Hyde, her husband suffered from bipolar disorder and was as much a threat to himself as he was to her.

Trying to avoid the brunt of her husband's illness while struggling to raise her son in a foreign country, Gunilla eventually found the courage and strength to escape from this threat she had never planned for, had no defense against and could never have anticipated as part of her life.

It is a story fully of opposites; Northern and Southern hemisphere, wealth and poverty, love and horror, and failure and success. AND IT IS A TRUE STORY.

From Nobel Prize to Ride on Mower is a powerful memoir that illustrates what the human spirit can both endure and create.

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About the Author:

Gunilla Miranda has written 18 books, including one interview book with The Dalai Lama. She was a journalist for 30 years and now owns a successful business in NSW and VIC, Australia where she continues to live.

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